



Black Bean & Mango Salad





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INGREDIENTS

2 medium mangoes, peeled and cubed

1 cup cooked Doudlah Farms Organics Black Beans, rinsed and drained

½ cup roasted or sweet corn

¼ cup finely chopped sweet red or orange pepper

2 tbsp finely chopped red onion

2 tbsp minced fresh cilantro

2 tbsp orange juice

1 tbsp finely chopped jalapeno pepper

1 tbsp lime juice

1/8 tsp ground cumin

Dash of salt

Dash of cayenne pepper to add heat (optional)

INSTRUCTIONS

Cook beans per instructions on the bag.

In a bowl, combine all ingredients. Refrigerate until serving. Make the day before and add the fresh cubed mango before serving. If the salad is a little dry due to the beans soaking up juices, reapply orange and lime juice mixture.