

Instant Pot Bean Soup





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INGREDIENTS

2 cups Doudlhah Farms Organics Pinto Beans or Cranberry Beans

4 cups low sodium vegetable broth

½ cup water

1 onion, diced

3 cloves garlic, minced

1 tsp onion powder

1 tsp ground cumin

1/2 tsp smoked paprika

1/4 tsp black pepper

34 tsp salt

INSTRUCTIONS for INSTANT POT

Sort beans and remove any debris.

Cover beans with 1-2 cups of water and allow to soak at least 2 hours.

Drain and rinse beans thoroughly and add to the Instant Pot.

Add onions, garlic, water, broth, and all the seasoning EXCEPT the salt and stir to combine.

Attach lid, set vent to SEALING, and cook on MANUAL for 30 minutes.

Allow to naturally vent for another 30 minutes before carefully removing lid.

Season with salt and garnish as desired.

Garnish suggestions: diced onion, green onions, jalapenos, cilantro, or hot sauce

Serve with cornbread.